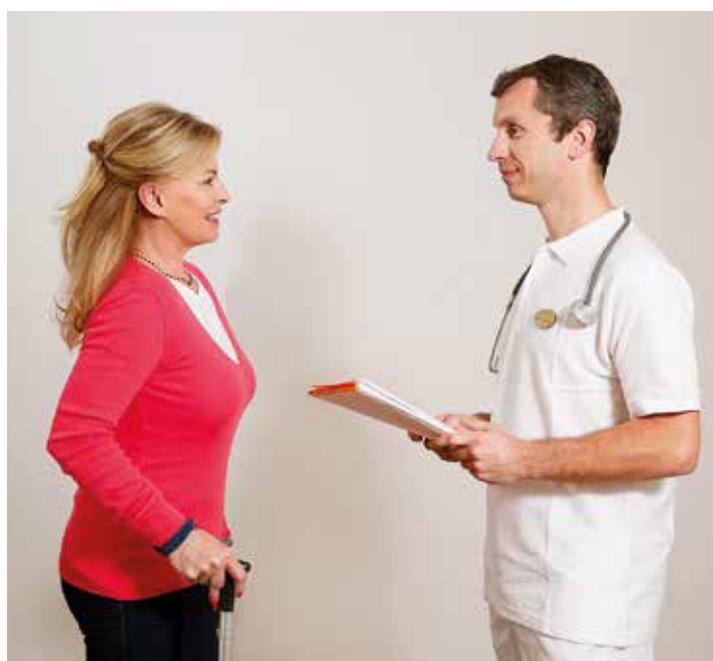


# INDICATION LIST

## for adult spa-based therapeutic rehabilitation



### SPA TREATMENT INDICATIONS

Indication Group	Indication	Indication Number	LÉČEBNÉ LÁZNĚ JÁCHYMOV a. s.
II	Diseases of the circulatory system	II/1,2,3,4,5,6,7,8,9	II/4,5
IV	<b>Metabolic and endocrine disorders</b>	IV/1,2,3	IV/1
VI	Nervous system disorders	VI/1,2,3,4,5,6,7,8,9,10,11	VI/1,2,3,4,5,6,7,8,9,10,11
VII	<b>Musculoskeletal disorders</b>	VII/1,2,3,4,5,6,7,8,9,10,11,12	VII/1,2,3,4,5,6,7,8,9,10,11,12
X	Skin conditions	X/1,2,3,4,5	X/5

Act No. 371/2021 Coll. of September 14, 2021, amending Act No. 48/1997 Coll., on Public Health Insurance and on amendments and supplements to certain related laws, as amended, and certain other acts

Annex No. 5 to Act No. 48/1997 Coll. – List of Indications for Spa Medical Rehabilitation Care

Decree No. 2/2015 Coll. of December 23, 2014, on setting professional criteria and other requirements for the provision of spa medical rehabilitation care

## CONTRAINDICATIONS FOR SPA REHABILITATION TREATMENT

- a) Communicable diseases spread from person to person and carriers of bacteria. If a condition qualifying for spa rehabilitation is combined with respiratory tuberculosis or another form of TB, treatment can only proceed after completing anti-tuberculosis therapy and receiving approval from a pulmonologist.
- b) Any illness in its acute phase or conditions where there is a reasonable risk of health status destabilization,
- c) Clinical signs of circulatory failure, except for group II indications, malignant arrhythmias, and persistent hypertension over 120 mm Hg diastolic pressure,
- d) conditions after deep vein thrombosis within 3 months of recovery, and after superficial thrombophlebitis within 6 weeks of recovery,
- e) repeated heavy bleeding from any cause in the past 12 months; treatment is only possible with positive clearance from a hematologist and transfusion specialist,
- f) cachexia of various causes that prevents intensive rehabilitation (BMI less than 16.5); does not apply to indication groups IX and XXIX – anorexia,
- g) malignant tumors during or after treatment with clear signs of active disease; exceptions are cases without evident progression or with slow, long-term progression where the tumor does not prevent the recommended spa rehabilitation for a concurrent illness. Long-term hormone-based cancer therapy is allowed. Use of natural radon mineral water is not permitted for cancer patients within 2 years after finishing treatment,
- h) uncontrolled epilepsy; however, insured patients with epilepsy may receive treatment if a neurologist or pediatric neurologist overseeing their care provides approval. For indication groups VI and XXVI, epilepsy is not a contraindication,
- i) active episodes or phases of psychosis and mental disorders with antisocial behavior, reduced ability to communicate, or inability to follow treatment plans and facility rules; temporary confusion, dementia, or limited communication are not contraindications for indication group VI (central nervous system disorders) and groups IX, XXVI, and XXIX, if these are part of the clinical picture and the person's mental state allows spa rehabilitation,
- j) alcohol or substance dependence, except when spa rehabilitation is a direct follow-up to hospitalization after surgery and is an integral part of postoperative care,
- k) nicotine dependence in children, adolescents, and insured persons in indication groups II, III/1, III/2, IV, and V; does not apply when spa rehabilitation is a direct follow-up to hospitalization for the given illness and is an integral part of postoperative care,
- l) urinary incontinence of grade II or III and fecal incontinence; does not apply to indication groups VI, VIII/3, XXVI, XXVIII/1, XXVIII/2, XXVIII/6. Anus praeternaturalis (stoma) is not a contraindication but may limit certain treatment procedures, or
- m) pregnancy

Additional contraindications are listed for each specific indication group.

### INDICATION LIST for adult spa medical rehabilitation

#### Jáchymov Spa, Inc.

Indication Number	SPA STAY		Contraindications and additional requirements for the treatment of the specified condition	Medical specialty of the recommending physician
	INITIAL type: <b>K</b> (comprehensive) or <b>P</b> (contributory)	REPEATED type: <b>K</b> (comprehensive) or <b>P</b> (contributory)		
	duration, other professional criteria, admission deadline, extension options			

**II**

**DISEASES OF THE CIRCULATORY SYSTEM**

Designated natural therapeutic resources: Natural carbonated mineral water, natural gaseous carbon dioxide source, natural iodine mineral water (except for indications II/2, II/6, II/7, II/9), natural sulfur mineral water – Group B (sulfur) for indications II/4, II/5, natural radon mineral water for indications II/4, II/5. Contraindications for the entire indication group: Second- or third-degree atrioventricular block, stage IV heart failure according to the New York Heart Association (NYHA) classification, angina pectoris symptoms corresponding to severity class IV according to the Causative Classification System (CCS), active infectious endocarditis. To repeat treatment, nicotine abstinence must be longer than 12 months.

**Examinations: Electrocardiogram (ECG) – a copy of the latest record, not older than 2 months, cholesterol, triglycerides, blood glucose, urea, creatinine. For hypertension, also a fundus examination. For obliterative vascular processes, include functional tests, Doppler ultrasound tests based on time-shifted signal segment analysis, and fundus examination. For cardiac diseases, chest X-ray (RTG) or echocardiography. Other requirements may arise from the wording of specific indications.**

L 70, L 73, L 79	<p><b>II/4</b></p> <p>- Peripheral arterial disease caused by atherosclerosis II b. or by inflammation.</p>	<p><b>K 21 days</b> Peripheral arterial disease due to atherosclerosis II b. <b>P 21 days</b> Other.</p>	<p><b>K 21 days</b> Peripheral arterial disease due to atherosclerosis II b. up to 18 months from the start of the initial stay, if invasive treatment is not possible. <b>P 21 days, in indicated cases P 14 days</b> Other. If invasive treatment is not possible.</p>	<p>Severe manifestations of generalized atherosclerosis. Rest pain associated with the disease. Ulceration.</p>	<p>Angiology, internal medicine, or rehabilitative and physical medicine.</p> <p style="color: blue; font-weight: bold;">Treatment at Jáchymov Spa is covered by: - all health insurance companies in the Czech Republic except OZP (207), ZPŠ (209)</p>
According to the underlying disease, L 80, L 83, L 87, L 89	<p><b>II/5</b></p> <p>- Functional disorders of peripheral vessels and post-thrombosis conditions. - Chronic lymphatic edema.</p>	<p><b>K 21 days</b> Functional disorders of peripheral vessels as occupational diseases, according to other regulations listing occupational diseases, at least 3 months after the acute stage subsides.</p> <p><b>P 21 days</b> Other. Functional disorders of peripheral vessels and post-thrombosis conditions at least 3 months after the acute stage subsides.</p>	<p><b>P 21 days, in indicated cases P 14 days</b></p>	<p>Severe manifestations of generalized atherosclerosis. Rest pain associated with the disease. Ulceration.</p>	<p>Angiology, internal medicine, cardiology, occupational medicine, or rehabilitative and physical medicine. <b>Treatment at Jáchymov Spa is covered by: - all health insurance companies in the Czech Republic except OZP (207), ZPŠ (209)</b></p>

Indication Number	THERAPEUTIC STAY		Contraindications and other special requirements for treating this condition	Medical specialty recommending care.
	BASIC REPEATED form: K (comprehensive) or P (contributory) form: K (comprehensive) or P (contributory) duration, additional professional criteria, admission deadline, possibility of extension			

#### IV METABOLIC AND ENDOCRINE DISORDERS

Designated natural healing sources: Drinking treatments for IV/1 include: natural mineral water with sodium chloride, natural mineral water with sodium bicarbonate, natural mineral water with calcium-magnesium bicarbonate, and natural mineral water—sulfur type A (sulfate). External balneotherapy for IV/1: natural mineral water with carbon dioxide, natural iodine-rich mineral water, natural radon mineral water, and natural sulfur mineral water – type A (sulfate). Climate conditions are favorable for treatment in IV/2, IV/3, and in IV/1 except for cases treating complications of angiopathies or neuropathies. Examinations: **For diabetes mellitus: blood glucose, urine glucose, ketones; for others, appropriate endocrinological tests.**

IV/1  <small>E 10, E 11, E 12, E 13, E 14</small>	- Diabetes mellitus.	<p><b>K 21 days</b> Conditions with complications (microangiopathy, macroangiopathy, neuropathy).</p> <p><b>P 21 days</b> Other cases.</p>	<p><b>P 21 days, in indicated cases P 14 days</b> Conditions with complications (microangiopathy, macroangiopathy, neuropathy).</p>	<p>Documented non-compliance with the treatment plan. Criteria for repeating a stay:</p> <p>- For obesity: if Body Mass Index is above 30, weight must be reduced by at least 5% since the last spa stay; if BMI is over 35, a reduction of 10% since the last stay is required.</p>	<p>Endocrinology and diabetology or rehabilitation and physical medicine.</p> <p><b>Treatment at the Spa</b> Covered by Jáchymov a. s.:</p> <p>- All health insurance companies in the Czech Republic except OZP (207), ZP5 (209)</p>
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#### VI

NERVOUS SYSTEM DISEASES

Designated natural therapeutic resources: Sulfur mineral water – Group B (sulfur), iodine-rich mineral water, thermal mineral water (warm to hot, above 35°C), radon mineral water, calcium-sodium bicarbonate mineral water; carbonated mineral water for indications VI/2, VI/3, VI/6, VI/8, VI/9, VI/11 (must contain at least 1000 mg/l CO<sub>2</sub> in the bath); natural peloid from a local source for indications VI/2, VI/3, VI/9, VI/10, VI/11. Examinations: **Specialized neurological assessment including laboratory and functional testing, for radicular syndromes also X-ray (RTG) or other imaging of the relevant part of the spine (description of images, anatomical and functional findings, not older than 6 months); for cervicocranial and cervicobrachial syndromes also ECG.**

VI/1	- Facial nerve paralysis. - Post-polio syndrome. Flaccid paralysis, except those caused by injury, including post-infectious polyradiculoneuritis following the acute phase.	<p><b>K 28 days</b> Acute phase facial nerve palsy, if ongoing outpatient or inpatient rehabilitation is not effective. Post-poliomyelitis syndrome. Other conditions during the duration of flaccid peripheral paralysis with EMG confirmation and until gradual improvement of function. Extension possible.</p>	<p><b>K 28 days</b> Post-poliomyelitis syndrome. Once per calendar year. Extension possible. <b>P 21 days, in indicated cases P 14 days</b> Other cases: for the duration of flaccid peripheral paralysis with EMG confirmation and until gradual improvement of function.</p>		<p>Neurology or rehabilitation and physical medicine.</p> <p><b>Treatment at Jáchymov Spa is covered by:</b> - all Czech health insurance companies</p>
VI/2  <small>G 59, G 60, G 61, G 62, G 63, G 64</small>	- Polyneuropathy with signs of muscle weakness.	<p><b>K 28 days</b> Flaccid paralysis with muscle test results between grades 0 and 3, confirmed by electromyography (EMG). Extension possible. <b>P 21 days</b> Other cases.</p>	<p><b>K 28 days</b> Flaccid paralysis with muscle test results between grades 0 and 3, confirmed by electromyography (EMG). Once within 24 months. Extension possible. <b>P 21 days, in indicated cases P 14 days</b> Other cases.</p>		<p>Neurology or rehabilitation and physical medicine. <b>The spa treatment at Jáchymov is covered by:</b> - all health insurance companies in the Czech Republic</p>
VI/3  <small>According to the primary diagnosis + G 54, G 55</small>	- Radicular syndromes with irritation-degeneration symptoms.	<p><b>K 21 days</b> Directly following hospitalization in a neurology or rehabilitation inpatient department (within 3 months after discharge), or for cases not showing improvement after 6 weeks of ongoing outpatient rehabilitation, where surgery has been ruled out.</p> <p>Extension possible.</p>	<p><b>P 21 days, in indicated cases P 14 days</b></p>	<p>Acute recurrence. Sudden onset of conus or cauda syndrome.</p>	<p>Neurosurgery, neurology, or rehabilitation and physical medicine.</p> <p><b>Treatment at Jáchymov Spa is covered by:</b> - all Czech health insurance companies</p>
VI/4	- Inflammatory diseases of the central nervous system: post-meningoencephalitis, encephalitis, encephalomyelitis, myelitis, or post-encephalo-myelopolyradiculoneuritis, when spastic-paretic symptoms are present.	<p><b>K 28 days</b> For the duration of ongoing paresis confirmed by electromyography (EMG) and during gradual recovery of function. No later than 6 months after hospitalization ends.</p> <p>Extension possible.</p>	<p><b>P 28 days</b> Up to 36 months from the start of the initial stay, if moderate to severe paresis persists and improvement in health is expected.</p> <p>Extension possible.</p>		<p>Infectious medicine, neurology, or rehabilitation and physical medicine. <b>The spa treatment at Jáchymov is covered by:</b> - all health insurance companies in the Czech Republic except OZP (207)</p>

Number, Indication		TREATMENT STAY		Contraindications and other specific requirements for treatment of the condition	Medical specialty of the doctor recommending care.
		BASIC REPEATED form: K (comprehensive) or P (contributory) form: K (comprehensive) or P (contributory)			
		Duration, other professional criteria, time limit for start, option to extend			
VI/5	- Hemiparesis and paraparesis of vascular origin, with signs of returning function.	<b>K 28 days</b> Directly after hospitalization, but no later than 6 months after discharge. After the acute stage of illness has resolved. Extension possible.	<b>K 28 days</b> Up to 36 months from the start of the primary stay if moderate to severe paresis persists and improvement is expected. Extension possible. <b>P 21 days, in indicated cases P 14 days</b> Other cases.	Recurrence of hemiparesis within 12 months of the initial episode. Severe aphasic disorders, especially perceptual. Severe organic psychosyndrome with low sociability. Criteria for retreatment: nicotine abstinence for more than 12 months.	Neurology or rehabilitation and physical medicine. <b>Treatment at the Jáchymov Spa a.s. is covered by:</b> - all Czech health insurance companies except OZP (207)
VI/6	- Conditions following brain, spinal cord, or peripheral nerve injuries or surgeries with movement disorders showing signs of recovery.	<b>K 28 days</b> Persistent paresis with gradual improvement in function, no later than 6 months post-surgery or injury. Extension possible.	<b>K 28 days</b> Up to 36 months from the start of the primary stay if severe to moderate paresis persists and improvement is likely. Extension possible. <b>P 21 days, in indicated cases P 14 days</b>	Non-cooperation due to severe organic psychosyndrome.	Neurosurgery, neurology, orthopedics and trauma of the musculoskeletal system, spinal surgery, rehabilitation and physical medicine, or traumatology. <b>Treatment at the Jáchymov Spa a.s. is covered by:</b> - all Czech health insurance companies
VI/7	- Multiple sclerosis and other demyelinating diseases in remission.	<b>K 28 days</b> Extension possible.	<b>P 28 days</b> Once every 24 months. <b>P 21 days, in indicated cases P 14 days</b>	Advanced irreversible motor deficits with plegia. Pronounced ataxia. Conditions accompanied by breathing, swallowing disorders, and insufficient lung ventilation.	Neurology or rehabilitation and physical medicine. <b>Treatment at the Jáchymov Spa a.s. is covered by:</b> - all Czech health insurance companies
VI/8	- Primary, secondary, and degenerative neuromuscular diseases.	<b>K 28 days</b> Extension possible.	<b>K 28 days</b> Once per calendar year. Extension possible.	Episodes of muscle paralysis. Signs of heart failure. Conditions with breathing difficulties, problems swallowing, and reduced lung ventilation.	Neurology or rehabilitation and physical medicine. <b>Treatment at the Jáchymov Spa a.s. is covered by:</b> - all Czech health insurance companies except OZP (207)
VI/9	- Syringomyelia with symptoms of paralysis.	<b>K 21 days</b>	<b>K 21 days</b> Once within 24 months. <b>P 21 days, or in certain cases P 14 days</b>	Breathing and swallowing disorders.	Neurology or rehabilitation and physical medicine.  <b>Treatment at Jáchymov Spa covered by:</b> - all Czech health insurance companies except OZP (207)
VI/10	- Cerebral palsy with ability for independent mobility and without significant psychological changes, provided that work capacity or full independence and self-sufficiency are maintained.	<b>K 28 days</b>	<b>K 28 days</b> Up to 21 years of age. <b>K 28 days</b> Over 21 years of age. Once within 24 months. <b>P 21 days, or in certain cases P 14 days</b>		Neurology or rehabilitation and physical medicine. <b>Treatment at the Jáchymov Spa a.s. is covered by:</b> - all Czech health insurance companies
VI/11	- Parkinson's disease. (Does not apply to Parkinson's syndrome or secondary extrapyramidal syndrome caused by psychiatric medication.)	<b>K 21 days</b>	<b>K 21 days</b> If improvement in health and maintenance of self-sufficiency is expected.  Once within 24 months.		Neurology or rehabilitation and physical medicine. <b>Treatment at the Jáchymov Spa a.s. is covered by:</b> - all Czech health insurance companies  except OZP (207)
<b>VII DISORDERS OF THE MUSCULOSKELETAL SYSTEM</b> Designated natural therapeutic sources: Natural sulfur mineral water group A and B (sulfate and sulfur), natural iodine mineral water, natural radon mineral water, natural thermal mineral water (warm to hot, above 35°C), natural bicarbonate-calcium-sodium mineral water (for indications VII/3, VII/5, VII/6, VII/7, VII/8, VII/9, VII/10), natural carbonated mineral water for indications VII/1, VII/2, VII/3, VII/4, VII/6, VII/7, VII/8, VII/9, VII/10, VII/11, VII/12 (CO <sub>2</sub> content in bath must be at least 1000 mg/l), and natural peloid from a local source. Examinations: <b>Relevant specialist examination, including appropriate laboratory and functional assessments and X-ray (RTG) not older than 2 years (image description), plus any additional requirements specified for each indication.</b>					
VI/11	- Rheumatoid arthritis, stages I to IV, including juvenile arthritis, receiving ongoing outpatient treatment.	<b>K 28 days</b> Treatment for stage II and above with class b functional impairment.  Extension possible.  <b>P 21 days</b> For cases without previous exacerbation and for lower stages than stage II with class b functional impairment.	<b>K 28 days</b> Treatment from stage II with class b functional impairment.  Once per calendar year. Extension possible.  <b>P 21 days, or P 14 days in selected cases</b> For cases without previous exacerbation and for lower stages than stage II with class b functional impairment.		Physical medicine and rehabilitation or rheumatology.  <b>Treatment at Jáchymov Spa is covered by Jáchymov a. s.:</b>  -All health insurance companies in the Czech Republic

Indication Number	TREATMENT STAY		Contraindications and other special requirements for treating the condition	Specialization of the physician recommending care.
	INITIAL OR REPEATED form: K (comprehensive) or P (contributory) form: K (comprehensive) or P (contributory) duration, additional professional criteria	(contributory) form: K (comprehensive) or P (contributory) start date, possibility of extension		
M 45 VII/2 - Ankylosing spondylitis (Bechterew's disease), ongoing outpatient treatment.	<b>K 28 days</b> From stage II of the disease with functional impairment class b, under the continuous care of a rheumatologist or rehabilitation physician.  Extension possible. <b>P 21 days</b> Other cases.	<b>K 28 days</b> From stage II of the disease with functional impairment class b, under the continuous care of a rheumatologist or rehabilitation physician.  Extension possible. <b>P 21 days, in indicated cases P 14 days</b> Other cases.		Rehabilitation and physical medicine, or rheumatology.  <b>Covered by the Jáchymov Spa a.s.:</b> <small>- All health insurance providers in the Czech Republic</small>
M 02, M 03, M 06, M 07 VII/3 - Other seronegative spondyloarthritides treated on an outpatient basis, including Reiter's syndrome, enteropathic arthritis, reactive (post-infectious) arthritis, and secondary arthritis with continuous outpatient management.	<b>K 28 days</b> Spinal involvement from stage II or higher according to the classification for ankylosing spondylitis. Chronic arthritis of peripheral joints from functional impairment class II.b. based on rheumatoid arthritis classification.  Extension possible.  <b>P 21 days</b> Other cases.	<b>K 28 days</b> Spinal involvement from stage II or higher according to the ankylosing spondylitis classification. Chronic peripheral joint arthritis from functional impairment class II.b. as classified for rheumatoid arthritis. At least 12 months after the initial stay, then once per calendar year.  Extension possible. <b>P 21 days, in indicated cases P 14 days</b> Other cases.		Rehabilitation and physical medicine, or rheumatology.  <b>Covered by the Jáchymov Spa a.s.:</b> - All health insurance providers in the Czech Republic
M 32, M 33, M 34, M 35 VII/4 - Extra-articular rheumatism, managed on an ongoing outpatient basis.  - Diffuse connective tissue diseases with continuous outpatient management (systemic lupus erythematosus, scleroderma, polymyositis, dermatomyositis, Sjögren's syndrome, and other overlap syndromes).	<b>K 28 days</b> In remission.  Extension possible.	<b>K 28 days</b> In remission.  Once every 24 months. If the primary condition flares up after the last full treatment of the acute phase, even before 24 months have passed.  Extension possible. <b>P 21 days, in indicated cases P 14 days</b> Other cases.		Rehabilitation and physical medicine, or rheumatology.  <b>Covered by the Jáchymov Spa a.s.:</b> - All health insurance providers in the Czech Republic
M 80, M 81, M 82 VII/5 - Osteoporosis with complications, when ongoing outpatient rehabilitation for more than 3 months isn't effective or following hospitalization for osteoporosis complications. - Bone changes resulting from working in compressed air, recognized as an occupational disease according to other legal regulations listing occupational diseases.	<b>K 21 days</b> Bone changes due to working in compressed air, recognized as an occupational disease according to other legal regulations listing occupational diseases. Pathological spinal fractures directly after ending bed immobilization or removing a brace.  <b>P 21 days</b> Other cases.	<b>K 21 days</b> Bone changes caused by working in compressed air, recognized as an occupational disease according to other laws listing occupational diseases. Pathological spinal fractures after removing a brace.  Within 24 months from the start of the initial stay.		Endocrinology and diabetology, internal medicine, clinical osteology, orthopedics and trauma medicine of the musculoskeletal system, occupational medicine, rehabilitation and physical medicine, or rheumatology.  <b>Treatment at Jáchymov Spa is covered by Jáchymov a.s.:</b> <small>- All health insurance providers in the Czech Republic</small>
According to the underlying condition VII/6 - Painful syndromes of tendons, tendon sheaths, bursae, muscle attachments, skeletal muscles, or joints (including conditions caused by vibration, prolonged, excessive, or repetitive overload, as recognized occupational diseases under relevant regulations).	<b>K 21 days</b> Occupational diseases as defined by the relevant legal regulation. <b>P 21 days</b>  Other.	<b>K 21 days</b> Occupational diseases as defined by other legal regulations, within 12 months of starting the initial stay.  <b>P 21 days, in specific cases, up to 14 days</b> Other cases.		Orthopedics and trauma medicine of the musculoskeletal system, occupational medicine, or rehabilitation and physical medicine.  <b>Covered by the Jáchymov Spa a.s.:</b> <small>- All health insurance providers in the Czech Republic</small>
M 10, M 15, M 17, M 19, M 22, M 23 VII/7 - Coxarthrosis, gonarthrosis under continuous outpatient care by an orthopedic specialist and rehabilitation physician.	<b>Up to 21 days</b> For stage III disease per Kellgren's classification. For stage II functional impairment (b) if the condition is painful, with frequent flare-ups, rapid progression, or recurring inflammatory irritation.  Extension possible.  <b>Up to 21 days</b> Other cases, if ongoing outpatient rehabilitation care is not effective.	<b>Up to 21 days, in certain cases up to 14 days</b> For stage I to II illness if ongoing outpatient care is ineffective, provided there is a reduction in long-term medication or postponement of surgery. Also applies to cases where surgery is contraindicated if ongoing outpatient care is ineffective. Unstable osteoarthritis.  Severe destructive changes. Criteria for repeat stays: - For obesity with a Body Mass Index over 30, a 5% weight reduction since the last treatment stay,  - For obesity with a Body Mass Index over 35, a 10% weight reduction since the last treatment stay.		Orthopedics and musculoskeletal traumatology, rehabilitation and physical medicine, or rheumatology.  <b>Covered by the Jáchymov Spa a.s.:</b> <small>- All health insurance providers in the Czech Republic</small>

Indication Number		THERAPEUTIC STAY		Contraindications and other special requirements for the treatment of the given condition	Specialization of the physician recommending the care.
		BASIC	REPEATED		
		form: K (comprehensive) or P (contributory) duration, additional professional criteria, admission deadline, option to extend	form: K (comprehensive) or P (contributory)		
<b>VII/8</b>	Osteoarthritis in other locations. - Arthropathies.	<b>K 21 days</b> Painful form with frequent flare-ups.	<b>K 21 days</b> For painful forms with frequent exacerbations and rapid progression, or in cases of recurrent inflammatory irritation; always provided there is potential for improved mobility and maintained independence.  Once every 24 months. <b>P 21 days, or P 14 days for specific cases</b> For other cases, if regular outpatient care is ineffective, with the expectation of reduced long-term medication use.	Unstable osteoarthritis. Severe destructive changes.	Osteoarthritis in other locations: Orthopedics and musculoskeletal traumatology, hematology and transfusion medicine, rehabilitation and physical medicine, or rheumatology. Arthropathies: Hematology and transfusion medicine, or rheumatology. <b>Treatment at Jáchymov Spa is covered by:- All Czech health insurance companies</b>
<b>VII/9</b>	- Chronic vertebrogenic pain syndrome of functional origin during ongoing outpatient rehabilitation.	<b>K 21 days</b> Chronic vertebrogenic pain syndrome of functional origin, immediately following hospitalization (within 3 months after discharge) or for cases without improvement after 6 weeks of continuous outpatient rehabilitation. Extension possible. <b>P 21 days</b> Other cases.	<b>P 21 days, or P 14 days for specific cases</b>	Compressive radicular syndrome. Criteria for repeat spa stay: - For obesity with a Body Mass Index over 30, a weight reduction of at least 5% since the last stay; - For obesity with a Body Mass Index over 35, a weight reduction of at least 10% since the last stay.	Physical and Rehabilitation Medicine. <b>The spa treatment at Jáchymov Spa a.s. is covered by:- all health insurance companies in the Czech Republic</b>
<b>VII/10</b>	Post-orthopedic surgery cases involving joint replacement.	<b>K 28 days</b> Immediately, as soon as the condition allows for therapeutic rehabilitation, but no later than 3 months after injury or surgery; in cases of postoperative complications, up to 6 months after surgery.  Extension possible.			Neurosurgery, neurology, orthopedics and musculoskeletal traumatology, physical and rehabilitation medicine, or traumatology. <b>The spa treatment at Jáchymov Spa a.s. is covered by:- all health insurance companies in the Czech Republic</b>
<b>VII/11</b>	Conditions following injuries of the musculoskeletal system and after orthopedic surgeries, including after intervertebral disc surgery and spinal canal stenosis, if regular outpatient or inpatient rehabilitation is not effective.	<b>K 28 days</b> As soon as the patient is able to begin rehabilitative therapy, but no later than 6 months after injury or surgery; in the case of postoperative complications, up to 12 months after surgery. Extension possible.	<b>K 28 days</b> No later than 24 months after intervertebral disc surgery, spinal canal stenosis or injury, if there is persistent serious movement disorder and loss of independence and improvement is expected.  <b>P 21 days, or 14 days in specific cases</b> Other cases with failed back surgery syndrome (FBS).		Neurosurgery, neurology, orthopedics and musculoskeletal trauma, rehabilitation and physical medicine, spinal surgery, or traumatology. <b>The treatment at Jáchymov Spa is covered by:- all health insurance companies in the Czech Republic</b>
<b>VII/12</b>	Conditions after lower limb amputations, activity level 1 to 4, when the insured person is equipped with a prosthesis.	<b>K 21 days</b> Up to 12 months after surgery.		For patients with bilateral amputations who are not candidates for prosthetic use. Includes unhealed stumps, severe flexion contractures or joint ankylosis above the stump, or inability to stand and transfer weight safely onto a prosthesis.	Surgery, internal medicine, orthopedics and musculoskeletal trauma, spinal surgery, or rehabilitation and physical medicine.  <b>The treatment at Jáchymov Spa Jáchymov a. s. is covered by:- All Czech health insurance companies, except OZP (207) and ZPS (209)</b>
<b>X SKIN DISEASES</b>					
Designated natural healing source: Natural sulfur mineral water group B (sulfurous), natural iodized mineral water, natural hypertonic sodium-chloride mineral water, natural radon mineral water for indication X/5, local natural sulfur peloid. Favorable climate conditions for treatment for indication X/1 and X/2.					
<b>X/1</b>	- Conditions after burns and reconstructive procedures where there is a high risk of significant contractures.	<b>K 28 days</b> Within 3 months after completion of care by the relevant specialists.  Extension possible.	<b>K 21 days</b> Within 24 months from the start of the initial stay.		Dermatovenerology, surgery, plastic surgery, or rehabilitation and physical medicine.  <b>The treatment at Jáchymov Spa is covered by:- all health insurance companies in the Czech Republic except OZP (207) and ZPS (209)</b>

## EXAMINATIONS REQUIRED FOR SUBMITTING A PROPOSAL FOR SPA REHABILITATIVE CARE FOR ADULTS

(according to Article I, point 2 of the Annex to Decree No. 2/2015 Coll.)

The proposal should include:

- a) Identification details of the insured person and, if applicable, the details of their accompanying person as listed in the proposal,
- b) The medical condition for which spa rehabilitative care is being recommended for the insured.
- c) The type of spa rehabilitative care to be provided (comprehensive or contributory).
- d) Length of treatment stay.
- e) Urgency ranking, if this is for comprehensive spa rehabilitative care.
- f) A summary of the insured's secondary illnesses and regular medications.
- g) Height and weight of the insured, as well as any dependence on addictive substances or nicotine.
- h) Electrocardiogram (ECG) examination, if the insured is over 40 years old.
- i) Results of examinations listed in the header for each medical indication group.
- j) A clear statement from an internist or geriatrician on whether the insured is able to undergo spa rehabilitative care, if the insured is over 70 years old or has multiple chronic conditions.
- k) A clear statement from a clinical oncologist, radiation oncologist, pediatric oncologist, hematologist, gynecologic oncologist, or surgical oncologist regarding the insured's ability to undergo spa rehabilitative care, if the insured has cancer.
- l) At least two spa locations suitable for treating the specific condition, listed in order of preference, or the name of the healthcare provider at each location, agreed upon with the insured.

**To arrange treatment at our spa facilities:** In Jáchymov, spa care is provided by a single company (Léčebné lázně Jáchymov a. s.). **When filling out the proposal, it's enough to just mention Jáchymov as the spa location.**

If you're submitting a spa treatment proposal within two months of the end of hospitalization, an attached copy of the discharge summary—along with the relevant examinations and requirements for each indication listed above—will be accepted as equivalent proof of the required tests. The attending physician should comment on the insured person's health status in the proposal. If there's been a significant change in health during this post-hospital period, the doctor will include results of any additional examinations.

All examinations must be conducted within a time frame that allows for proper assessment of the progression of the illness.

According to Act No. 1/2015 Coll., spa rehabilitative care is provided exclusively as follow-up inpatient care in medical facilities located at sites with natural healing resources or in areas with a climate favorable for treatment, where such resources or conditions are actively used as part of the care.

The first spa rehabilitative treatment provided to an insured person for a particular indication is called a **primary treatment stay**. Any subsequent treatment stay for the same indication is referred to as a **repeat treatment stay**, unless otherwise specified in the indication list.

For comprehensive spa rehabilitative care, the health insurance covers the standard costs of treatment, accommodation, and meals as agreed with the spa provider. Accommodation is offered based on availability and capacity in two categories (Category A or Category B). Both categories feature double rooms with basic amenities. Category A rooms have a private bathroom, while Category B rooms share facilities with other rooms. Any extra amenities (such as a single room, TV, fridge, etc.) are considered above standard.

For contributory spa rehabilitative care, the health insurance only covers the treatment itself. Costs for accommodation and meals vary for contributory patients, depending on the length of stay, accommodation standard, and the time of year the patient chooses for their spa treatment.

Prices for surcharges and fees related to comprehensive spa care and for contributory spa care can be found on our website.

111 Všeobecná zdravotní pojišťovna České republiky	IČP	12345678	<b>NÁVRH NA LÁZEŇSKOU PÉČI - díl 3</b>		Ev. č.	
	Odbornost	001	lázeňskému ošetř. lékaři k dokumentaci		Čís. vysílajícího ÚP VZP	
<b>Pacient</b>			<b>Zák. zástupce</b>			
Příjmení a jméno	Jan Novák					
Číslo pojištění			000000/0000			
Zaměstnavatel - Škola (třída)	Patient's Employer Name					
Bydliště (adresa) vč. PSČ	Main Street 123, 763 02 Zlín		tel.: 577 000 000		tel.:	
Diagnóza pro lázeňskou léčbu (slovy): coxarthrosis, gonarthrosis (1)			<b>STANOVISKO HEALTH INSURANCE COMPANIES</b>			
Indikace: 21* <input type="text" value="VII/7 (2)"/> Dg. <input type="text" value="M 17.9 (3)"/>			Schvaluji: - komplexní lázeňskou péči s pořadím naléhavosti <input type="checkbox"/> I. <input type="checkbox"/> II. <input type="checkbox"/> D. - příspěvkovou lázeňskou péči - průvodce pro pobyt u komplexní lázeňské péče <b>Muž - Žena</b> - lázeňské zařízení, smluvní kategorie ubytování:			
Komplexní <del>příspěvkové</del> lázeňská péče <input checked="" type="checkbox"/> <input type="checkbox"/> pořadí naléhavosti u komplexní lázeňské péče <del>Průvodce pro pobyt u komplexní lázeňské péče</del> <b>Muž Žena</b> Doporučené místo pro lázeňskou léčbu:			1 _____ 2 _____ 3 _____			
1 <b>JÁCHYMOV</b>			Upravuji - Zamítám (důvod):			
2 _____						
Dne: 09/10/2022 razítko ZZ, jmenovka a podpis lékaře			Dne: _____ razítko a podpis insurance company representatives razítko a podpis ÚP VZP			
<b>POTVRZENÍ ODBORNÍKA PRO NEMOCI Z POVOLÁNÍ</b>						
Dne: _____ razítko a podpis						

MEDICAL REPORT: (can be replaced by a discharge summary from an inpatient facility, if it contains the required details)

A: IMPORTANT MEDICAL HISTORY (in detail for children)

B: NO

C: OBJECTIVE FINDINGS AND FUNCTIONAL STATUS (for children, also complete the specialist's section)

D: LABORATORY AND OTHER REQUIRED EXAMINATIONS (at minimum, per IS)

E: DIAGNOSTIC CONCLUSION AND ADDITIONAL DIAGNOSES

F: PHYSICIAN-RECOMMENDED SPECIAL REQUIREMENTS FOR SPA TREATMENT

G: REASONING FOR THE STAY

## IMPORTANT

### Diagnosis for spa treatment (in words):

(1) The patient's health condition should be described in detail, not just by using the diagnosis code. This helps the reviewing physician, insurance staff, and the spa to better understand the case.

### Indication:

Enter the numerical code from the indication list in the pre-printed box, \* and be sure to add the length of the treatment stay before the pre-printed box.

### Dg.

The diagnosis code for the illness treated should be entered according to ICD, using the latest valid version of the International Classification of Diseases and Related Health Problems in the pre-printed box.

IČP	
Odbornost	

A signature is required on every part

Stamp and signature of the physician recommending spa treatment

I confirm that I have received and acknowledge the patient instructions: "HOW TO USE VZP FOR SPA TREATMENT"

The insured must sign parts 3, 4, and 5, and take part 6

Signature of the insured (or legal representative)

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LÁZNĚ  
**JÁCHYMOV**

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[www.LazneJachymov.cz](http://www.LazneJachymov.cz)